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gaging the rights to liberty and security of the person and thus trenching on their liberty. Furthermore, by leaving them to endure intolerable suffering, it infringed their right to security of the person.

The Court found that the object of the person fails to accord with the principles of fundamental justice when it is arbitrary, overbroad, or has consequences grossly disproportionate to its object. In this case, the prohibition was not protecting a vulnerable person; it was limiting the rights of a competent, capable individual; therefore, the ban was overbroad.

The Court acknowledged that Gloria Taylor, the lead plaintiff, would not be able to execute her considered decision to end her life at the point her suffering became unbearable, unless she received physical assistance. The law made it a crime for any physician to actively end her life or aid her in doing so, even though that same physician would be obliged to let her die by withholding or withdrawing lifesaving treatment and denying her artificial hydration and nutrition if she so requested. Furthermore, the Court noted that issues of decisional capacity and vulnerability arise in all-end life medical decision-making.²⁰ Since the law lets injured, ill and disabled patients decide if they wish to refuse (or request withdrawal) of lifesustaining treatment or receive palliative sedation, the Court reasoned that there is no reason to assume those seeking active medical assistance in dying are any more vulnerable or susceptible to biased decision-making.²¹



be prescribed by law, and related to a pressing and substantial objective, the restriction failed the

test. Based on the findings of the trial judge, the Court concluded that the restriction, frequently, was not minimally impairing. The Court wrote:

The inquiry into minimal impairment is a two-step process. First, the court asks whether the measure is designed to achieve the objective. If so, the court then asks whether the measure is necessary to achieve the objective. In this case, the court found that the deprivation of Charter rights is confined to what is reasonably necessary to achieve the objective.

Therefore, the Court held that the ban infringed section 7 of the Charter in a manner that could not be justified under section 1. In light of reaching this conclusion, the Court



Essays



press their wishes. The law stipulates sanctions for failure to comply with these safeguards as well as for forgery of any of the relevant records or destruction of documents.⁴⁴

Thus, it remains a crime for a health care professional to satisfy a suffering patient's wishes if the professional does not first obtain the patient's informed consent. ⁴⁵According to the new law, the autonomy of persons with grievous and irremediable conditions is protected.



tell a physically disabled person that the criminal law is depriving them of the help they need to carry out their own wishes, even though the same law is silent when it comes to able



law did not enter into force until December 2015, after the Supreme Court had declared the blanket law which has access is likely even more restricted in this province than in the rest of the country where access criteria are laid out in the amendments Parliament made to the Criminal Code in June 2016.⁶⁵ Significantly, two reports issued prior to the government tabling its legislation in the House of Commons (the 2015 Provincial/Territorial Expert Advisory Group on Physician-Assisted Dying⁶⁶ and the House of Commons and Senate, Special Committee on Physician-Assisted Dying, *Medical Assistance in Dying: A Patient-Centred Approach* February 2016⁶⁷) recommended less restrictive access criteria than were put forward and ultimately adopted in Parliament. Meanwhile, the new MAID law itself honours for medical assistance in dying, to advance requests to requests where mental illness is the basis for the request. Reports on the state of knowledge pertaining to each matter, completed by a multidisciplinary expert panel appointed by the Council of Canadian Academies (CCA), were published in December 2018.⁶⁸ While offering an overview of existing research, the re-

things provincial data related to MAID. Created under the Quebec legislation, the Commission does not have any identical parallel body in any of the other provinces. In 2018, pursuant to s 241.31(3) of the Criminal Code, the Minister of Health introduced Regulations for the Monitoring of Medical Assistance in Dying (SOR/2018/166, Government of Canada online: <http://www.gazette.gc.ca/rp/pr/p2/2018/2018-08-08/html/sor-dors166eng.html>). For the most recent national government report on MAID, see Health Canada, *Interim Report on Medical Assistance in Dying in Canada* Catalogue No H1230/3-2018E (Ottawa: Health Canada, 2018).

⁶⁵ See L. SELLE, M.-É. BOUTHILLIER, & N. FRASER



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7. Conclusion

De-criminalizing a given practice signals an alteration to, not abolition of, human conduct and social interaction. Institutional and regulatory design are always more multifaceted, unpredictable, and interactional than the singular act of repeal. It may be that existing institutions and regulations will already serve to facilitate the purposes behind the repeal or modification of a prohibition. It may be that existing formal structures and informal norms end up frustrating the purpose of the statutory amendment. In either case, reforming the law requires imagination. The Supreme Court of Canada concluded that the total prohibition of voluntary euthanasia and as-



