

# How to Change your background in Google Meet

Google Meet allows you to change your background during a meeting. To do this, you need to be in a meeting and have a background image or video ready. Here's how to do it:



Click the three vertical dots menu icon in the top right corner of the meeting window.

Click on "Change background" in the menu.

A list of background options will appear. You can choose a solid color, a pattern, or a video background.

Click on the background you want to use.

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